

Birthday Collage

Visual Arts



Cincinnati Reds by Genny



The Queen of England by Norma Jean

Set up

- Set aside 30 minutes
- Prepare the kitchen table for the session
- Gather materials:
 - Watercolor paper or a blank birthday card
 - Scrap paper
 - Various colors of tissue paper
 - Mod Podge diluted with water (1:3 glue to water. May use Elmers' glue)
 - Bowl to serve the Mod Podge
 - Brush for the Mod Podge
 - Glitter
 - Rags/paper towel

Consciously Breathe

- Look your partner in the eyes and say, "Let's breathe together"
- Take three deep inhales and exhales together

Sing and Move

- Sing the song "Happy Birthday" together
- Begin to make up movements to go with the song
- Reminisce about favorite birthday celebrations/presents

Call and Response

- Say the words below and have your partner repeat after each line
- Start by saying, "Repeat after me."

"Birthday Lights" by Calef Brown

*Light bulbs on a birthday cake.
What a difference that would make!
Plug it in and make a wish,
then relax and flip a switch!*

*No more smoke
or waxy mess
to bother any birthday guests.*

*But Grampa says, "it's not the same!
Where's the magic?
Where's the flame?"*

*To get your wish without a doubt,
You need to blow some candles out!"*

Create Together

1. Lightly wet the paper with brush.
2. Choose tissue paper and explore pieces.
3. Tear and arrange pieces in an attractive arrangement.
4. Place one piece at a time on wet paper.
5. Cover piece with glue. Repeat.
6. Add glitter.

Celebrate Each Other

- Positively acknowledge a moment of accomplishment
- Examples: "It was fun talking about your favorite birthday celebrations;" "We can make this painting into a birthday card, who shall we send this to?" "The colors you picked in the painting reminds me of a birthday party;" "I loved laughing together when we said the poem."
- Savor the moment

“Birthday Tissue Collage”



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The Queen of England by Norma Jean

1. Lightly wet the paper with brush.
2. Choose tissue paper and explore pieces.
3. Tear and arrange pieces in an attractive arrangement.
4. Place one piece at a time on wet paper.
5. Cover piece with glue. Repeat.
6. Add glitter.
7. Title your piece.